

Crowder Gulf and the Port City Pacers present HURRICANE RUN 5K & Fun Run



Saturday - September 12, 2020 - 8:10 AM

Start Time: 5K starts at 8:10 AM Fun Run starts at 9 AM

Organized by: Port City Pacers Running Club [Information: www.pcpacers.org or (251)473-7223]

Location: Dauphin Island Sea Lab; 101 Bienville Blvd, Dauphin Island, AL 36528

Distance: 5K Certified Course (AL13028JD) - Fun Run approximately 1/2 mile.

Virtual Option: If you can't make it to the race site Saturday morning, you now have the option to participate virtually. When you sign up for the Hurricane Run, select "Virtual" as your style. You will get a race shirt and race bib - your mission will be to run/walk a 5K within one week and report your results to us.

Registration: Register by mail (entries should be postmarked by September 5), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on the Thursday, September 10, or online (events.com) until 4 AM Friday, September 11. Early packet pick-up and late registration will be available at PCP office (358 Morgan Avenue, Mobile, AL 36606) from noon until 5:30 PM on Friday, September 11. Packet pick-up and race day registration at DI Sea Lab from 6:30 - 7:40 AM.

Entry fees: **Pre-registered** **5K:** \$20 Non-PCP members (with shirt) **5K:** \$15 PCP members **Day of Race:** **5K:** \$25 Everyone (with shirt) **Fun Run:** \$15 Everyone **Fun Run:** \$10 Everyone

No shirt option: Subtract \$3 from entry fees

Pre-registered PCP members 12 and under may participate for free - shirt not included. Entry fee is \$7 if the pre-registered PCP member 12 and under wants a shirt.

Awards: **5K:** Top 3 Overall male and female, and top male and female Masters, Grandmasters, Senior Grandmasters, and Race Walkers. Top 3 male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Fun Run: Top 3 overall boy and girl, top 3 boys and girls in age groups: 6 & under, 7-9, and 10-12

Shirts: Race participants will receive short sleeved moisture management tee shirts. Shirts will be sized for men and women. Tee shirts available on race day while supplies last. Shirts will not be reordered after the race.

Post-Race Party: Awards, food, fun, and beverages after the race.

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address: _____ City, State & ZIP: _____

Phone: _____ Date of Birth: _____ Email: _____

Style: Run/Walk Race walker Virtual **PCP Member:** Yes No **Event:** 5K Fun Run

T-Shirt Size (circle gender and size): Men's Women's YS YM YL S M L XL XXL No shirt

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Dauphin Island Sea Lab, Port City Pacers, Crowder Gulf, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me. Images collected during the event may be used in promotions of Pacer events.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: **Port City Pacers**

Mail completed applications and fees to: **Hurricane Run; PCP; PO Box 6427; Mobile, AL 36660**

Covid-19 considerations:

Due to the current Covid-19 situation, the Port City Pacers are making the following modifications to our normal race routine:

- All participants, volunteers, spectators, and race officials are asked and expected to wear face coverings (masks) and to social distance as much as possible during this event.
- Participants may remove their masks during the race, but are ask to replace their mask after they have finished the race.
- Hand sanitizer will be available
- There will be staggered start times to allow for social distancing
- No contact awards presentation - Winners will be announced and winners will pick-up their awards from the awards table.